

Pentref/Tref Village/Town	Gweithgaredd Activity	Lleoliad Location	Trefnydd Organiser	Cyng Cllr	Cyngor Cymuned Community Council
ABERYSTWYTH	DOSBARTHU BARA/CACENNAU Gogledd Ceredigion BREAD AND CAKE DELIVERY North Ceredigion	Slaters Bakery Aberystwyth	01970 611 522 / 01970 612658		
ABERYSTWYTH	CIGYDD Dosbarthu Gogledd Ceredigion BUTCHER Deliver to North Ceredigion	Robert Rattrays	01970 615353		
ABERYSTWYTH	Bwyd sych, organig ffrwythau, llysiau, cig a.y.b Dry foods, organic wholefoods, fruit, veg, meat etc	TREEHOUSE	01970 615791		
ABERYSTWYTH	Pryd ar Glud Meals on Wheels	Express Café	01970 832113 07791596400		

ABERYSTWYTH	FOOD BANK	08002425844			
ABERYSTWYTH TOWN	Food supply and contactless delivery for elderly vulnerable and financially vulnerable in Aberystwyth Town centre and reasonable walking distance. Limited supply but what we have is for the community.	Aberystwyth Food Distribution Hub	07411038302		
ABERYSTWYTH	As a Taxi driver Tana is offering her services to deliver food, meals, prescriptions etc has insurance to be able to this - please could someone get back to her if this is something of help to the community.	Tana Taxis	Tana - 07588220404		
ABERYSTWYTH	BUTCHER Deliver to Aberystwyth eggs and milk also	DERI DAVIES MORGAN'S BUTCHERS	01970 612243		
ABERYSTWYTH	Dosbarthwr Llaeth MILK DELIVERY Aberystwyth	GLYN AND ROSE	07974159356 glynandrose@gmail.com		

ABERYSTWYTH	Dosbarthwr Llaeth MILK DELIVERY Aberystwyth	Sean Fitzpatrick	01970 820287 07415067974		
ABERYSTWYTH	MAMA FAYS Caribbean food takeaway and local delivery	MAMA FAYS	01770 625 625		
ABERYSTWYTH gan gynnwys / including Llanbadarn Fawr Penparcau Waunfawr Rhydyfelin	Ymaichi Nwyddau angenrheidiol o fusnesau lleol Essential items from local businesses	Ymaichi	01970 606010 post@ymaichi.co.uk		
ABERYSTWYTH	Spanish Cuisine and Wine Delivery areas not defined and customer will need to phone to discuss Specialists – eg cheese	Ultracomida Pier Street Aberystwyth	Tel 01970 630686		

ABERYSTWYTH	Dosbarthu Bwyd Meal Deliveries – Takeaway gan gynnwys / including Penparcau £3 Waunfawr £3 Llanbadarn £3 Glanyrafon £5	Backyard BBQ 12a Baker Street Aberystwyth	Tel: 01970 358867		
ABERYSTWYTH	Dosbarthu Ffrwythau a Llysiau Fruit & Vegetable Delivery	Racoonoveg	01970 868 366 e.mail@ hello@racoono.com		
BORTH	Dosbarthu Bwyd £10 Meal Deliveries – Takeaway £10	Backyard BBQ 12a Baker Street Aberystwyth	Tel: 01970 358867		
BORTH	Ymaichi Nwyddau angenrheidiol o fusnesau lleol Essential items from local businesses	Ymaichi	01970 606010 post@ymaichi.co.uk		

BOW STREET	CIGYDD Dosbarthu Gogledd Ceredigion BUTCHER Deliver to North Ceredigion	Robert Rattrays	01970 615353		
BOW STREET	Pryd ar Glud Meals on Wheels Dydd Iau, Gwener, Sadwrn, Sul pryd o fwyd a pwddin £6.50 Thurs, Fri, Sat, Sunday one meal and pudding £6.50	Penrhynoch FC Roosters Carvery	07813714799		
BOW STREET	SPAR corner shop delivery	SPAR	01970 828282 07771692732		
BOW STREET	Bwyd sych, organig ffrwythau, llysiau, cig a.y.b Dry foods, organic wholefoods, fruit, veg, meat etc	TREEHOUSE	01970 615791		

BOW STREET	Rhydypennau Bow St are also doing meals and pudding for delivery in the following areas; Bow Street Llandre Dole Borth Talybont Taliesin They cost £6 The contact number is: 01970867888 or 07970820291	RHYDYPENNAU INN	01970867888 or 07970820291		
BOW SREET	Dosbarthwr Llaeth MILK DELIVERY	Sean Fitzpatrick	01970 820287 07415067974		
BOW STREET	Ymaichi Nwyddau angenrheidiol o fusnesau lleol Essential items from local businesses	Ymaichi	01970 606010 post@ymaichi.co.uk		
CAPEL BANGOR	Ymaichi Nwyddau angenrheidiol o fusnesau lleol Essential items from local businesses	Ymaichi	01970 606010 post@ymaichi.co.uk		

CAPEL BANGOR	Pryd ar Glud Meals on Wheels	Express Café	01970 832113 07791596400		
CAPEL BANGOR	Dosbarthu Bwyd £10 Meal Deliveries – Takeaway £10	Backyard BBQ 12a Baker Street Aberystwyth	Tel: 01970 358867		
CAPEL DEWI	Pryd ar Glud Meals on Wheels Dydd Iau, Gwener, Sadwrn, Sul pryd o fwyd a pwddin £6.50 Thurs, Fri, Sat, Sunday one meal and pudding £6.50	Penrhyncoch FC Roosters Carvery	07813714799		
CAPEL SEION	Dosbarthu Bwyd £8 Meal Deliveries – Takeaway £8	Backyard BBQ 12a Baker Street Aberystwyth	Tel: 01970 358867		
COMINS COCH	Dosbarthu Bwyd £5 Meal Deliveries – Takeaway £5	Backyard BBQ 12a Baker Street Aberystwyth	Tel: 01970 358867		

CWMYSTWYTH	Ymaichi Nwyddau angenrheidiol o fusnesau lleol Essential items from local businesses	Ymaichi	01970 606010 post@ymaichi.co.uk		
CEREDIGION WIDE	Help gyda Teledu To have good TV signal and get TV sets up and running	MJ Ariels	07539333393		
DOLYBONT	Dosbarthu Bwyd £10 Meal Deliveries – Takeaway £10	Backyard BBQ 12a Baker Street Aberystwyth	Tel: 01970 358867		
GOGINAN	Ymaichi Nwyddau angenrheidiol o fusnesau lleol Essential items from local businesses	Ymaichi	01970 606010 post@ymaichi.co.uk		
LLANCYNFELYN	Dosbarthu Bwyd a siopa Meal Delivery and Groceries	Clettwr Community Café & Shop	01970 832 113		
LLANDRE	Pryd ar Glud Meals on Wheels	Express Café	01970 832113 07791596400		

LLANDRE	<p>Pryd ar Glud</p> <p>Meals on Wheels</p> <p>Dydd Iau, Gwener, Sadwrn, Sul pryd o fwyd a pwddin £6.50</p> <p>Thurs, Fri, Sat, Sunday one meal and pudding £6.50</p>	Penrhyncoch FC Roosters Carvery	07813714799		
LLANDRE	<p>Dosbarthwr Llaeth</p> <p>MILK DELIVERY</p>	Sean Fitzpatrick	01970 820287 07415067974		
LLANDRE	<p>Ymaichi</p> <p>Nwyddau angenrheidiol o fusnesau lleol</p> <p>Essential items from local businesses</p>	Ymaichi	01970 606010 post@ymaichi.co.uk		
LLANFARIAN	<p>Dosbarthu Bwyd £6</p> <p>Meal Deliveries – Takeaway £6</p>	Backyard BBQ 12a Baker Street Aberystwyth	Tel: 01970 358867		
LLANILAR	Meal delivery meals on wheels various prices.	Falcon Inn -	01974 241660.		
LLANILAR	Village shop delivery	Llanilar Village Shop	01974 241338		

LLANILAR	Dosbarthu Bwyd £10 Meal Deliveries – Takeaway £10	Backyard BBQ 12a Baker Street Aberystwyth	Tel: 01970 358867		
PENRHYNCOCH	CIGYDD Dosbarthu Gogledd Ceredigion BUTCHER Deliver to North Ceredigion	Robert Rattrays	01970 615353		
PENRHYNCOCH	Bwyd sych, organig ffrwythau, llysiau, cig a.y.b Dry foods, organic wholefoods, fruit, veg, meat etc	TREEHOUSE	01970 615791		
PENRHYNCOCH	Pryd ar Glud Meals on Wheels	Express Café	01970 832113 07791596400		
PENRHYNCOCH	Pryd ar Glud Meals on Wheels Dydd Iau, Gwener, Sadwrn, Sul pryd o fwyd a pwddin £6.50 Thurs, Fri, Sat, Sunday one meal and pudding £6.50	Penrhyncoch FC Roosters Carvery	07813714799		

PENRHYNCOCH	Dosbarthu Bwyd £10 Meal Deliveries – Takeaway £10	Backyard BBQ 12a Baker Street Aberystwyth	Tel: 01970 358867		
PENRHYNCOCH	Dosbarthwr Llaeth MILK DELIVERY	Sean Fitzpatrick	01970 820287 07415067974		
PENRHYNCOCH	Ymaichi Nwyddau angenrheidiol o fusnesau lleol Essential items from local businesses	Ymaichi	01970 606010 post@ymaichi.co.uk		
PONTARFYNACH/ DEVIL'S BRIDGE	Ymaichi Nwyddau angenrheidiol o fusnesau lleol Essential items from local businesses	Ymaichi	01970 606010 post@ymaichi.co.uk		
PONTERWYD	Ymaichi Nwyddau angenrheidiol o fusnesau lleol Essential items from local businesses	Ymaichi	01970 606010 post@ymaichi.co.uk		

TALIESIN	Dosbarthu Bwyd a siopa Meal Delivery and Groceries	Clettwr Community Café & Shop	01970 832 113		
TALYBONT	Derbyn archebion siopa dros y ffôn ac yn dosbarthu Receiving grocery orders over the telephone and will deliver	Siop Garej Davmor Talybont	01970 832278		
TALYBONT	Dosbarthu Prescripsiwns Prescriptions delivery	Fferyllfa Talybont Talybont Chemist	01970 832057		
TALYBONT	Dosbarthu Bwyd £15 Meal Deliveries – Takeaway £15	Backyard BBQ 12a Baker Street Aberystwyth	Tel: 01970 358867		
TALYBONT	Ymaichi Nwyddau angenrheidiol o fusnesau lleol Essential items from local businesses	Ymaichi	01970 606010 post@ymaichi.co.uk		
TRE'R DDOL	Dosbarthu Bwyd a siopa Meal Delivery and Groceries	Clettwr Community Café & Shop	01970 832 113		

TREGARON	Homemade food takeaway and delivery	Caffi Hafan Cafe	01974 298800		
TRISANT	Ymaichi Nwyddau angenrheidiol o fusnesau lleol Essential items from local businesses	Ymaichi	01970 606010 post@ymaichi.co.uk		
WAUNFAWR	Community Support Group for people isolating in Waunfawr	WAUNFAWR CORONOVIRUS SUPPORT	Jackie Sayce 07976946820 Jonny Evans 07545222531 Heather Phillips 0777967019 Tom Kendall 07891234645 Glenda James 07779869074		

CEREDIGION - WIDE					
Aberystwyth to Cardigan Coast Road – then inland to Lampeter	Sourdough bread/croissants Delivery	ANUNA Bakery Facebook: ANUNA Craft Bakery	Andrew & Liz bakery@anuna.co.uk		
Ceredigion Wide	Ciders, mustards and marmalades (full list on website - www.welshcider.com Delivery (MINIMUM ORDER REQ.)	Toloja orchard Facebook: @tolojacider	Nikki and Kevin sales@welshcider.com 01570 471295		